Forbidden Drive stretches five miles along the Wissahickon Creek and through Wissahickon Valley Park, passing the Thomas Mill Covered Bridge, Valley Green Inn, and other numerous landmarks. Runners, bikers, and equestrians all frequently share the trail. Designated a National Recreation Trail in 1975, Forbidden Drive connects users with many historic sites, 50 miles of natural surface trails, and a regional trail network that takes them into Pennsylvania's countryside on the Schuylkill River Trail (with access to state parks), and The Circuit (with a link to the East Coast Greenway). Friends of the Wissahickon (FOW) works in partnership with Philadelphia Parks & Recreation, organizations, and volunteers to maintain the park and its trails. For more information, visit www.fow.org.