Go Teach Workshops
Pennsylvania State Parks

Go Teach Workshops are a series of trainings that provide teachers with the skills and background knowledge for a variety of recreational activities. There are currently three cross-curricular workshops which explore hiking, snowshoeing, and geocaching while also correlating with the current academic standards. These workshops aim to expose Pennsylvania’s youth to healthy lifelong physical activities while creating a sense of responsibility and stewardship to protect the natural resources of the commonwealth.

Hiking

Hiking is a lifelong adventure that promotes a healthy lifestyle well after students’ academic endeavors.

Lessons focus on
• Health and nutrition
• Fitness and trip planning
• Map reading
• Leave No Trace
• Nature journaling
• Trail Hiking
• Decision Making
• Compass Basics
• Conservation
• Invasive Species

Snowshoeing

Snowshoeing enables people to get excited about the cold and blustery weather. It’s one of the easiest winter sports to learn and can be done almost anywhere.

Lessons focus on
• Basic snowshoe maneuvering
• Snow preparedness
  • Hydration, Exposure, Nutrition
  • Historical Uses
• Weather Patterns & Climate

GPS

Incorporating technology into your classroom is a simple task while traveling around your school grounds with a GPS unit. Learning how to use a GPS and how to geocache will get students active in any setting.

Lessons focus on
• GPS basics
• Geocaching
• Animal tracking
• Community Exploration
• Latitude and Longitude

Meets standards in Physical Education, Health, Geography, Science, Arts & Humanities, Civics and Government, Reading, Writing, Speaking and Listening

More Information

Christine Ticehurst, Bureau of State Parks
V. 717-783-3311
ticehurst@pa.gov