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JOHN C. OLIVER MULTI-PURPOSE LOOP TRAIL: 12 miles, more difficult hiking, paved trail and roadway
Trail parking can be accessed along the trail at boat launches or the marina. The main trail parking area is on Lake Wilhelm Road between the bridge and the park office.
This scenic loop is composed of two trail sections. The north shore is open to hiking, biking, and snowmobiling. This section contains short, steep runs that may be difficult to climb for some bikers. The north shore has many vistas that overlook the lake.
The south shore section is open to hiking, biking, and cross-country skiing. The south shore of the lake has areas of trail that share the road with motor vehicles. The trail runs from the dam to Lake Wilhelm Road.
To complete the loop, travel Lake Wilhelm Road to connect the south and north portions of the trail.

GODDARD MCKEEVER HIKING TRAIL: 2.84 miles within the park (3.14 miles total), yellow blazes, more difficult hiking
This trail connects Maurice K. Goddard State Park to McKeever Environmental Learning Center’s trail system. A sealed coal mine shaft is near the top of Coal Hill.

FALLING RUN NATURE TRAIL: 0.7-mile loop, yellow blazes, more difficult hiking
This self-guided nature trail follows old logging roads as it winds its way to the hemlock forested Falling Run Ravine. Falling Run drops 90 feet in elevation in less than 1,000 feet, cascading over a small waterfall. Hikers can find signs of a pioneer settlement of the George Y. Stright family, including the spring house and mill pond near the trailhead. Signs of the log cabin, old gristmill, and sawmill have all but vanished.

GUIDELINES FOR A SAFE HIKE
The following guidelines will help ensure a safe and enjoyable hiking experience while at the park.
• Check the weather before you hike. It is not safe to hike in thunderstorms or when heavy snow is expected.
• Wear sturdy shoes to protect your feet.
• Carry the proper safety equipment like a poncho, first aid kit, and a whistle.
• Carry drinking water. DO NOT drink from streams, springs, or lakes without properly treating the water first!
• Observe wildlife from a safe distance. Do not try to get close to wild animals.
• Stay on the trail. If you hike off of the trail, you might get lost or cause damage to unique natural resources.
• Let someone know where you are hiking and when you should return.
• Have a general idea of your location at all times in the event of an emergency.
• Give yourself plenty of time for your hike. Plan to be off the trails well before dark.
• Don't overestimate your abilities. Use a map to select the trail and distance.
• Keep in mind that the park is open to hunting. Wear orange when appropriate for your safety.