River otter crossings possess inherent danger. All users are advised to use caution if crossing the river.

Kaufman Trail: 1.4 miles, easiest
This relatively flat trail follows an old logging road through open hardwood forest and continues past the Short Trail to a small loop at an old power line right of way. Kaufman Trail can be accessed from the upper parking area off Highland Drive.

Kaufman Loop Trail: 0.6 mile, easiest
This relatively flat trail uses an old logging road to wind its way through open hardwood forest. Kaufman Loop Trail can be accessed from the upper parking area off Highland Drive.

Lower Loop Finkbinder Trail: 2.3 miles, more difficult
This loop trail uses a mix of old logging roads and single-track trails to traverse the open forest along the ridge line. This trail contains several fairly steep sections, including a set of switchbacks along the ridge of a small feeder stream.

Mill Creek Loop Trail: 1.5 miles, more difficult
This trail links a parking area on Millcreek Drive with the Bysson Loop Trail via wide, mostly flat, old logging roads through open hardwoods of oak, maple, and black cherry.

Picture Rock Trail: 1.1 miles, more difficult
This trail attaches to the Boiler Trail near Hindman parking lot, where it follows several switchbacks to the Clarion River near Picture Rock Crossing. Look for the namesake large, flat rock where many riders pose for the camera.

Rim Trail: 0.8 mile, more difficult
This trail uses an old logging road to unite the Kaufman and Highland Loop trails, offering beautiful views of the Clarion River Valley as it meanders through the river’s hillside.

Highland Loop Trail: 1.0 mile, more difficult
This trail runs from the upper parking lot on Highland Drive, along a mix of old logging roads and single-track trails that wind through a mix of hardwood trees toward the Clarion River.

Highland River Crossing Trail: 0.9 mile, more difficult
This trail joins the Highland Loop and Finkbinder trails via a river ford at Slater’s Crossing. River crossings possess inherent danger. All users are advised to use caution if crossing the river.

Kaufman Crossing: 0.1 mile, more difficult
This river crossing joins the Highland Loop, Bessee Dewey, and Finkbinder trails. River crossings possess inherent danger. All users are advised to use caution if crossing the river.

Upper Loop Finkbinder Trail: 2.5 miles, more difficult
This loop uses a mix of logging roads and single-track trails to cross the ridgeline. This trail contains several fairly steep sections.

Valley of the Bears Trail: 5.2 miles, more difficult
This trail contains two loops and follows the NCT in two sections as it meanders up and down the Clarion River Valley from Thompson Hill to the Highland Loop Trail. The lower loop closest to Highland is 0.8 mile long, while the upper loop near Thompson Hill is 1.8 miles.

Access for People with Disabilities
This symbol indicates facilities and activities that are accessible for people with disabilities. This publication text is available in alternative formats. If you need an accommodation to participate in park activities due to a disability, please contact the park you plan to visit.

In an Emergency
Call 911 and contact a park employee. Directions to the nearest hospital are posted on bulletin boards and at the park office.

NEAREST HOSPITAL
Clarion Hospital
1 Hospital Drive
Clarion, PA 16214
814-226-9500

For more information, contact:
Cook Forest State Park
113 River Road
Cooksburg, PA 16217
814-744-8407
email: cookforestsp@pa.gov
www.visitPAparks.com

Trail Ethics

Right of Way Protocols
• Bicyclists yield to all users.
• Hikers yield to horseback riders.
• Common courtesy should prevail for all users.
• In flat terrain, move to the right and allow others to pass.
• In uneven terrain, move to the downhill side and allow others to pass.

Trail Use
• Designated trails are marked with red blazes and signs unless otherwise indicated.
• Stay on the trail; avoid taking shortcuts or making new trails.
• Stay in single file to avoid damage to vegetation.
• Wet and muddy trails are more vulnerable to damage, so consider other trail options.

Safety
• Control your actions.
• Travel only at a speed that is safe for the conditions on the trail.
• Avoid startling other trail users.
• Show respect when passing other trail users. Slow to a walking pace or stop.
• Anticipate other trail users around blind corners and in areas of poor visibility.
• River crossings possess inherent danger. All users are advised to use caution if crossing the river.

Obey All Park Rules and Regulations
• Camping and fires are only permitted in designated areas.
• Campfires are only permitted in designated overnight areas.
• Extinguish all fires before leaving the area; fires are prohibited when the wildfire danger is high.
• River crossings possess inherent danger. All users are advised to use caution if crossing the river.

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Plan Ahead and Prepare
• Prevent accidents by knowing your abilities, limitations, and the area in which you will be riding, hiking, or biking.
• Travel in a small group for less impact on the environment.

Travel and Camp on Durable Surfaces
• Hike and ride only on designated trails.
• Avoid damage to vegetation.
• Camping is only permitted for hikers and only at the NCT shelters on a first come, first served basis.

Dispose of Waste Properly
• Pack It In, Pack It Out!• Due to the remote nature of the area, please bury solid human waste in cat holes six to eight inches deep and at least 200 feet from water sources and trails.
• Leave the area cleaner than when you found it.

Leave What You Find
• Brush off boots, tires, horse hooves, and hair before leaving an area in order to prevent the spread of non-native species.
• Leave rocks, plants, and other natural objects as you find them.

Minimize Campfire Impacts
• Fires are permitted where designated in overnight areas.
• Extinguish all fires before leaving the area; fires are prohibited when the wildfire danger is high.

Respect Wildlife
• Do not approach or feed wild animals; observe from a distance.
• Store food and trash securely.

Be Considerate of Other Visitors
• Let nature’s sounds prevail.
• At parking areas and trailheads, collect manure, hay, and garbage to take with you when you leave.
• Be courteous when using trails; yield to other hikers and riders.